

Sl.No. M21635

Course Code: 2570102

VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)

P.B.B.Sc. (NURSING) DEGREE EXAMINATION – August 2019
First Year

NUTRITION AND DIETETICS

Time: Three hours

Maximum: 35 marks

I. Write short Answers for the following : **(5 x 2 = 10)**

1. Define diet therapy.
2. Define marasmus.
3. Mention any five sources of calcium.
4. Write the name of vitamin 'D' deficiency.
5. Draw food guide pyramid.

II. Write short Answers for any THREE of the following: **(3 x 5 = 15)**

6. Explain the methods of nutrition education.
7. Plan a day's menu for diabetic mellitus.
8. Substitute for non- vegetarian foods.
9. Assessment of nutritional status of a individual.

III. Write Long Essay : **(1 x 10 = 10)**

10. Explain the methods of food preservation.

(OR)

11. Write the digestion, absorption and metabolism of fat.
